

**Menu Form**  
Child and Adult Care Food Program

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> F/V: <u>Pears</u> G/B: <u>Toast</u> Milk: <u>Milk</u> Other: <u>Bacon</u>	<b>Breakfast</b> F/V: <u>Strawberries</u> G/B: <u>Bagel</u> Milk: <u>Milk</u> Other: <u>Cream Cheese</u>	<b>Breakfast</b> F/V: <u>Fruit Cocktail</u> G/B: <u>Waffles</u> Milk: <u>Milk</u> Other: _____	<b>Breakfast</b> F/V: <u>Applesauce</u> G/B: <u>Biscuit</u> Milk: <u>Milk</u> Other: <u>Sausage Patties</u>	<b>Breakfast</b> F/V: <u>Banana</u> G/B: <u>Cheerios</u> Milk: <u>Milk</u> Other: _____
<b>Lunch</b> M/MA: <u>Beef Stir Fry</u> F/V 1: <u>Broccoli</u> F/V 2: <u>Pineapple</u> G/B: <u>Beef Fried Rice</u> Milk: <u>Milk</u> Other: _____	<b>Lunch</b> M/MA: <u>Chicken Legs</u> F/V 1: <u>Mashed Potatoes / Gravy</u> F/V 2: <u>Apple Slices</u> G/B: <u>Roll</u> Milk: <u>Milk</u> Other: <u>&lt;2- baked Chicken</u>	<b>Lunch</b> M/MA: <u>Chicken Nuggets</u> F/V 1: <u>Sweet Potatoes</u> F/V 2: <u>Peaches</u> G/B: <u>Breading</u> Milk: <u>Milk</u> Other: _____	<b>Lunch</b> M/MA: <u>Macaroni &amp; Cheese</u> F/V 1: <u>Peas</u> F/V 2: <u>Apricots</u> G/B: <u>Macaroni</u> Milk: <u>Milk</u> Other: _____	<b>Lunch</b> M/MA: <u>Polish Sausage</u> F/V 1: <u>Potato Salad</u> F/V 2: <u>Orange Half &lt;2-Mandarin</u> G/B: <u>Bun</u> Milk: <u>Milk</u> Other: <u>&lt;2 -Spaghetti's</u>
<b>Snack</b> (Serve 2 of these 4 components) M/MA: _____ F/V: <u>Grapes &lt;2-Juice</u> G/B: <u>Goldfish</u> Milk: _____	<b>Snack</b> (Serve 2 of these 4 components) M/MA: <u>&lt;2 Sliced Cheese</u> F/V: <u>Fresh Cauliflower Florets</u> G/B: <u>Club Crackers</u> Milk: _____	<b>Snack</b> (Serve 2 of these 4 components) M/MA: _____ F/V: _____ G/B: <u>Chocolate Chip Cookies</u> Milk: <u>Milk</u>	<b>Snack</b> (Serve 2 of these 4 components) M/MA: <u>Cheese Sauce</u> F/V: _____ G/B: <u>Soft Pretzels</u> Milk: _____	<b>Snack</b> (Serve 2 of these 4 components) M/MA: _____ F/V: <u>Juice</u> G/B: <u>Animal Crackers</u> Milk: _____

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Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> F/V: <u>Banana</u> G/B: <u>Rice Krisples</u> Milk: <u>Milk</u> Other: _____	<b>Breakfast</b> F/V: <u>Peaches</u> G/B: <u>Pop Tart</u> Milk: <u>Milk</u> Other: _____	<b>Breakfast</b> F/V: <u>Pears</u> G/B: <u>Pancake</u> Milk: <u>Milk</u> Other: _____	<b>Breakfast</b> F/V: <u>Orange Half &lt;2-Mandarin</u> G/B: <u>Coffee Cake</u> Milk: <u>Milk</u> Other: _____	<b>Breakfast</b> F/V: <u>Raisins</u> G/B: <u>Rice Cakes</u> Milk: <u>Milk</u> Other: _____
<b>Lunch</b> M/MA: <u>Beef Stroganoff</u> F/V 1: <u>Lima Beans</u> F/V 2: <u>Fruit Cocktail</u> G/B: <u>Roll</u> Milk: <u>Milk</u> Other: _____	<b>Lunch</b> M/MA: <u>Turkey Hotdog</u> F/V 1: <u>Tator Tots</u> F/V 2: <u>Pineapple</u> G/B: <u>Bun</u> Milk: <u>Milk</u> Other: _____	<b>Lunch</b> M/MA: <u>Chicken Noodle Soup</u> F/V 1: <u>Carrots</u> F/V 2: <u>Apple Slices</u> G/B: <u>Crackers</u> Milk: <u>Milk</u> Other: <u>Cheese Sticks</u>	<b>Lunch</b> M/MA: <u>Cheesy Pizza</u> F/V 1: <u>Salad</u> F/V 2: <u>Apricots</u> G/B: <u>Crust</u> Milk: <u>Milk</u> Other: <u>&lt;2 - Green Beans</u>	<b>Lunch</b> M/MA: <u>Roast Beef &amp; Cheese</u> F/V 1: <u>Celery Sticks</u> F/V 2: <u>Grapes</u> G/B: <u>Whole Wheat Bread</u> Milk: <u>Milk</u> Other: <u>&lt;2 - Peas</u>
<b>Snack</b> (Serve 2 of these 4 components) M/MA: <u>Boiled Eggs</u> F/V: _____ G/B: <u>Crackers</u> Milk: _____	<b>Snack</b> (Serve 2 of these 4 components) M/MA: _____ F/V: <u>Raisins</u> G/B: <u>Rice Krisple Treats</u> Milk: _____	<b>Snack</b> (Serve 2 of these 4 components) M/MA: _____ F/V: _____ G/B: <u>Graham Crackers</u> Milk: <u>Yogurt</u>	<b>Snack</b> (Serve 2 of these 4 components) M/MA: _____ F/V: <u>Banana</u> G/B: <u>Cereal Bar</u> Milk: _____	<b>Snack</b> (Serve 2 of these 4 components) M/MA: _____ F/V: <u>Juice</u> G/B: <u>Apple Muffins</u> Milk: _____

M/MA: Meat/Meat Alternate  
 F/V: Fruit/Vegetable  
 G/B: Grain/Bread  
 Other: Additional items served but not necessary to meet meal pattern requirements

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**Week 3**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> FV: <u>Applesauce</u> G/B: <u>Biscuits</u> Milk: <u>Milk</u> Other: <u>Scrambled Eggs</u>	<b>Breakfast</b> FV: <u>Orange Half &lt;2-Mandarin</u> G/B: <u>Rice Cakes</u> Milk: <u>Milk</u> Other: _____	<b>Breakfast</b> FV: <u>Applesauce</u> G/B: <u>Raisin Bread</u> Milk: <u>Milk</u> Other: _____	<b>Breakfast</b> FV: <u>Cantaloupe</u> G/B: <u>Apple Muffins</u> Milk: <u>Milk</u> Other: _____	<b>Breakfast</b> FV: <u>Banana</u> G/B: <u>Cornflakes</u> Milk: <u>Milk</u> Other: _____
<b>Lunch</b> MMA: <u>Mini Tacos</u> FV 1: <u>Salad</u> FV 2: <u>Banana</u> G/B: <u>Taco Shell</u> Milk: <u>Milk</u> Other: <u>&lt;2 - Carrots</u>	<b>Lunch</b> MMA: <u>Baked Ziti w/Cheese</u> FV 1: <u>Sugar Snap Peas</u> FV 2: <u>Pears</u> G/B: <u>Garlic Bread Sticks</u> Milk: <u>Milk</u> Other: _____	<b>Lunch</b> MMA: <u>Porcupine Meatballs</u> FV 1: <u>Green Beans</u> FV 2: <u>Fruit Cocktail</u> G/B: <u>Rice</u> Milk: <u>Milk</u> Other: <u>Au Jus</u>	<b>Lunch</b> MMA: <u>Cheese Slices</u> FV 1: <u>Vegetable Soup</u> FV 2: <u>Apple Slices</u> G/B: <u>Crackers</u> Milk: <u>Milk</u> Other: _____	<b>Lunch</b> MMA: <u>Mini Corn Dogs</u> FV 1: <u>Corn</u> FV 2: <u>Pineapple</u> G/B: <u>Breading</u> Milk: <u>Milk</u> Other: <u>&lt;2 - Turkey Sand &amp; Peas</u>
<b>Snack</b> (Serve 2 of these 4 components) MMA: _____ FV: _____ G/B: <u>Pop Tart</u> Milk: <u>Milk</u>	<b>Snack</b> (Serve 2 of these 4 components) MMA: _____ FV: <u>Fresh Strawberries</u> G/B: <u>Shortcake</u> Milk: _____	<b>Snack</b> (Serve 2 of these 4 components) MMA: _____ FV: <u>Sliced Cucumbers w/dip</u> G/B: <u>Hard breadstick crackers</u> Milk: _____	<b>Snack</b> (Serve 2 of these 4 components) MMA: <u>Cottage Cheese</u> FV: <u>Peaches</u> G/B: _____ Milk: _____	<b>Snack</b> (Serve 2 of these 4 components) MMA: _____ FV: <u>Juice</u> G/B: <u>Chex Mix &lt;2 -Van.Wafers</u> Milk: _____

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**Week 4**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> FV: <u>Banana</u> G/B: <u>Crispix Cereal</u> Milk: <u>Milk</u> Other: _____	<b>Breakfast</b> FV: <u>Orange Half &lt;2-Mandarin</u> G/B: <u>Cereal Bars</u> Milk: <u>Milk</u> Other: _____	<b>Breakfast</b> FV: <u>Tropical Fruit Mix</u> G/B: <u>French Toast</u> Milk: <u>Milk</u> Other: _____	<b>Breakfast</b> FV: <u>Fresh Apples &lt;2-Slices</u> G/B: <u>Blueberry Muffins</u> Milk: <u>Milk</u> Other: _____	<b>Breakfast</b> FV: <u>Peaches</u> G/B: <u>English Muffins</u> Milk: <u>Milk</u> Other: _____
<b>Lunch</b> MMA: <u>Ch. Beef &amp; Bean Burrito</u> FV 1: <u>Corn</u> FV 2: <u>Applesauce</u> G/B: <u>Spanish Rice</u> Milk: <u>Milk</u> Other: <u>Sauce &lt;2-Peas</u>	<b>Lunch</b> MMA: <u>Breaded Popcorn Chicken</u> FV 1: <u>California Blend w/Cheese</u> FV 2: <u>Apricots</u> G/B: <u>Breading</u> Milk: <u>Milk</u> Other: _____	<b>Lunch</b> MMA: <u>Hamburgers</u> FV 1: <u>French Fries</u> FV 2: <u>Fruit Cocktail</u> G/B: <u>Bun</u> Milk: <u>Milk</u> Other: _____	<b>Lunch</b> MMA: <u>Cheese Ravioli</u> FV 1: <u>Spinach</u> FV 2: <u>Pears</u> G/B: <u>Roll</u> Milk: <u>Milk</u> Other: _____	<b>Lunch</b> MMA: <u>Ham and Cheese</u> FV 1: <u>Carrot Sticks &lt;2-Carrots</u> FV 2: <u>Banana</u> G/B: <u>Whole Wheat Bread</u> Milk: <u>Milk</u> Other: <u>Polato Chlps</u>
<b>Snack</b> (Serve 2 of these 4 components) MMA: _____ FV: <u>Raisin &lt;2 - Juice</u> G/B: <u>Goldfish</u> Milk: _____	<b>Snack</b> (Serve 2 of these 4 components) MMA: <u>Sliced Cheese</u> FV: _____ G/B: <u>Crackers</u> Milk: _____	<b>Snack</b> (Serve 2 of these 4 components) MMA: _____ FV: _____ G/B: <u>Combread</u> Milk: <u>Milk</u>	<b>Snack</b> (Serve 2 of these 4 components) MMA: _____ FV: _____ G/B: <u>Vanilla Wafers</u> Milk: <u>Ice Cream Cups</u>	<b>Snack</b> (Serve 2 of these 4 components) MMA: _____ FV: <u>Juice</u> G/B: <u>Graham Crackers</u> Milk: _____

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 FV: Fruit/Vegetable  
 G/B: Grain/Bread  
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